

**THE STATE OF NEW HAMPSHIRE**  
**JUDICIAL BRANCH**  
<http://www.courts.state.nh.us>

Court Name: \_\_\_\_\_

Case Name: \_\_\_\_\_

Case Number: \_\_\_\_\_  
(if known)

**COMPLAINT FOR RESTRAINING ORDER**

1. Plaintiff's Name(s) \_\_\_\_\_

Residence Address \_\_\_\_\_

Mailing Address (if different) \_\_\_\_\_

Telephone Number (Home) \_\_\_\_\_ (Mobile) \_\_\_\_\_

2. Defendant's Name(s) \_\_\_\_\_

Residence Address \_\_\_\_\_

Mailing Address (if different) \_\_\_\_\_

3. What is your relationship to the defendant? \_\_\_\_\_  
(Examples: neighbor, co-worker, roommate, acquaintance, etc.)

In the space below, describe what happened to you and the reasons why you are requesting that the Court issue a restraining order against the defendant. Use a separate paragraph for each allegation. Be specific - include names, dates and places, etc.

4. First thing that happened (in one sentence):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Second thing that happened (in one sentence):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. Third thing that happened (in one sentence):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Continue on using separately numbered paragraphs (attach additional sheets if necessary).

Case Name: \_\_\_\_\_

Case Number: \_\_\_\_\_

**COMPLAINT FOR RESTRAINING ORDER**

For the reasons stated in this Complaint, I request that the Court issue the following orders:

A. Describe the orders you want the Court to make:

- 1.  Restrain the defendant from threatening, harassing or intimidating me, or interfering with my liberty.
- 2.  Restrain the defendant from having any contact with me, whether in person or through third persons, including but not limited to contact by telephone, letters, fax, texting, social media, e-mail, the sending or delivery of gifts or any other method, unless specifically authorized by the court.
- 3.  Restrain the defendant from appearing in proximity to my residence, place of employment or school, or appearing at any other place where I may be.
- 4.  Restrain the defendant from entering in or on the premises (including curtilage) where I reside, except with a peace officer for the purpose of removing defendant's personal possessions.
- 5.  Restrain the defendant from taking, converting or damaging property in which I have a legal or equitable interest.
- 6.  Ex Parte Motion. See attached.
- 7.  Other relief:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

B. All other relief the Court deems fair and just.

\_\_\_\_\_  
Name of Filer

\_\_\_\_\_  
Signature of Filer

\_\_\_\_\_  
Date

\_\_\_\_\_  
Law Firm, if applicable

\_\_\_\_\_  
Bar ID # of attorney

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
Address

\_\_\_\_\_  
E-mail

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip code